

Organized by: Amaltas Institute of Nursing Sciences, Banger, Dewas

Date: 1st December 2025

Theme: "Ending the HIV Epidemic: Equitable Access, Empowerment, and

Awareness"

#### Introduction

Amaltas Institute of Nursing Sciences, Banger, Dewas observed World AIDS/HIV Day on 1st December 2025 with great zeal and commitment. The celebration aimed to raise awareness about HIV/AIDS, promote preventive measures, reduce social stigma, and empower nursing students with updated knowledge and attitudes regarding HIV care.

### Objectives of the Programme

- To create awareness about HIV/AIDS transmission, prevention, and treatment.
- To sensitize students on anti retro-viral therapy (ART) and the importance of early diagnosis.
- To promote compassion and reduce stigma associated with HIV/AIDS.
- To encourage youth participation in creating a healthier society.

# Programme Highlights

# 1. Inauguration

The programme began with a warm welcome by the Dr Amrin Patel District Training Officer Dewas, The Vice Chancellor of Amaltas University Dr Sharad Chandra Wankhede sir,, Principal of Amaltas Institute of Nursing Sciences-Dr. Sangeeta Tiwari and other teaching faculty of Amaltas Institute of Nursing Sciences. A brief introduction on the significance of World AIDS Day was given, highlighting the theme for the year.

#### 2. Awareness Session

A detailed awareness lecture was conducted by senior faculty members from the Department of Community Health Nursing. The session included:

- Epidemiology of HIV/AIDS
- Modes of transmission
- Prevention strategies
- Role of nurses in HIV counselling and care
- Importance of ART and community support

Interactive discussions encouraged active participation from students.

4. AIDS Awareness Rally

A rally was organized within the campus and nearby community area to spread awareness. Students raised slogans, displayed charts, and interacted with local residents about the importance of HIV testing and safe practices.

5. Red Ribbon Oath

All faculty members and students took the Red Ribbon Pledge to support people living with HIV, advocate for zero discrimination, and work towards ending the AIDS epidemic.

6. Nukkad Natak

7. A Nukkad Natak were Prepared by BSc. 2<sup>nd</sup> semester student and presented it at Government Hospital Dewas and out door department of Amaltas Hospital Banger Dewas

Outcomes of the Programme

- Increased awareness among students and community members.
- Improved understanding of HIV prevention and management.
- Enhanced communication and leadership skills among participants.
- Strengthened commitment towards promoting a healthy community.

Conclusion

The World AIDS/HIV Day celebration at Amaltas Institute of Nursing Sciences, Banger, Dewas was a meaningful and impactfull event. It successfully enhanced students' knowledge, fostered empathy, and encouraged active participation in public health initiatives. The institute continues to remain committed to promoting health education and supporting national health programme.